

COVID-19 (Coronavirus) Hygiene

Travel for Work

This advice is aimed at front line staff to help prevent the spread of the virus given the high national importance of the work you do and the common contact scenarios you may face whilst travelling for work. It is based on the best evidence available from Network Rail and the relevant government bodies.

Remember, if you feel something is unsafe, SPEAK UP invoke the Worksafe Procedure.

Travelling from Home

- You must always consider whether you SHOULD come to work at all. You should NOT come to work if you are showing any COVID-19 symptoms (high temperature 37.8°C or more, or a new, continuous cough –this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours). Also loss off, or change in sense of smell or taste.
- In any case you must always consider whether you NEED to come to the depot at all;
- Can you go directly to site? (using a company vehicle)
- Can a select member(s) of your team collect a vehicle from the depot and pick you up from home or a designated meeting place away from the depot?
- If you need to travel from home to the depot you should avoid car sharing wherever possible.

Travelling as Part of Your Duties

- The number of people occupying 1 vehicle must be limited –see the 'COVID-19 (Coronavirus) Road Vehicle Occupancy Restrictions' document for detailed guidance.
- Vehicles must be cleaned inside (also outside door handles) a minimum at the start and end of every shift.
- Vehicles should only be loaded by as many people as is needed (bearing in mind certain manual handling restrictions).
- Make sure you have enough water and cleaning materials in your vehicle before leaving for site.
- All persons travelling in the vehicle shall wear a protective face mask.

Remember, SAFETY FIRST, SAFETY ALWAYS